

Mental and Emotional Health Education Implementation Plan



State Board of Education Rule:	6A-1.094121 Mental and Emotional Health Education
Name of the School District	Citrus County Schools
Superintendent of the School District	Sandra "Sam" Himmel
Implementation Period: (MM/YY – MM/YY)	08/20 - 05/21
Submission Date to the Commissioner	11/23/2020
Direct URL to the Implementation Plan as posted on the school district website	
School District Contact(s) for this Plan <i>(name and email address)</i>	Jennifer Greco, grecoj@citruschools.org

Select the specific subject area(s) of the courses in which instruction will be delivered:			
<input checked="" type="checkbox"/> Art – Visual Arts <input checked="" type="checkbox"/> Computer Education <input type="checkbox"/> Dance <input type="checkbox"/> Drama – Theatre Arts <input checked="" type="checkbox"/> English/Language Arts	<input type="checkbox"/> Experimental Education <input type="checkbox"/> Health Education <input type="checkbox"/> Library Media <input checked="" type="checkbox"/> Mathematics <input checked="" type="checkbox"/> Music Education	<input checked="" type="checkbox"/> Peer Counseling <input checked="" type="checkbox"/> Physical Education <input checked="" type="checkbox"/> Research/Critical Thinking <input checked="" type="checkbox"/> Science <input checked="" type="checkbox"/> Social Studies	<input checked="" type="checkbox"/> World Languages <input checked="" type="checkbox"/> Other – Agriculture, Business, Unique Skills: Social and Emotional
Select the qualification(s) of the instructors for the above courses:			
<input checked="" type="checkbox"/> Florida Certified Teacher <input checked="" type="checkbox"/> Community-based Expert <input type="checkbox"/> School Nurse <input type="checkbox"/> School Counselor <input type="checkbox"/> School Psychologist <input type="checkbox"/> Other –			
Please explain the rationale for delivering the instruction in the courses selected above for each grade level.			
<p>6: The courses selected are aligned to existing initiatives already in place within the district. Each course was selected to ensure that the required instruction is connected to the course and offered to all students.</p> <p>7: The courses selected are aligned to existing initiatives already in place within the district. Each course was selected to ensure that the required instruction is connected to the course and offered to all students.</p> <p>8: The courses selected are aligned to existing initiatives already in place within the district. Each course was selected to ensure that the required instruction is connected to the course and offered to all students.</p> <p>9: The courses selected are aligned to existing initiatives already in place within the district. Each course was selected to ensure that the required instruction is connected to the course and offered to all students.</p> <p>10: The courses selected are aligned to existing initiatives already in place within the district. Each course was selected to ensure that the required instruction is connected to the course and offered to all students.</p> <p>11: The courses selected are aligned to existing initiatives already in place within the district. Each course was selected to ensure that the required instruction is connected to the course and offered to all students.</p>			

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12: The courses selected are aligned to existing initiatives already in place within the district. Each course was selected to ensure that the required instruction is connected to the course and offered to all students.

Please describe the methods for delivering the instruction for each grade level.

6: Direct Instruction; Small Group Activities; Individual Activities; Video Resources; Online Instruction

7: Direct Instruction; Small Group Activities; Individual Activities; Video Resources; Online Instruction

8: Direct Instruction; Small Group Activities; Individual Activities; Video Resources; Online Instruction

9: Direct Instruction; Small Group Activities; Individual Activities; Video Resources; Online Instruction

10: Direct Instruction; Small Group Activities; Individual Activities; Video Resources; Online Instruction

11: Direct Instruction; Small Group Activities; Individual Activities; Video Resources; Online Instruction

12: Direct Instruction; Small Group Activities; Individual Activities; Video Resources; Online Instruction

Materials and resources that will be utilized to deliver the instruction for each grade level:

6: School – Connect; Eckerd Connects – Hi-Five; Scholastic and the National Institute on Drug Abuse (NIDA) Resources; Varsity Brands – Believe in You Lessons; EverFi

Description: Lessons and activities focus on identifying signs of mental health disorders, increasing skills to promote positive mental health and resiliency, providing empathy, reducing stigma, understanding and accessing school, community, and national resources, substance use and abuse prevention, overcoming obstacles, and improving social and emotional skills.

7: School – Connect; Citrus County Sheriff’s Office – Know the Law; Scholastic and the National Institute on Drug Abuse (NIDA) Resources; Varsity Brands – Believe in You Lessons; EverFi

Description: Lessons and activities focus on identifying signs of mental health disorders, increasing skills to promote positive mental health and resiliency, providing empathy, reducing stigma, understanding and accessing school, community, and national resources, substance use and abuse prevention, overcoming obstacles, and improving social and emotional skills.

8: School – Connect; Aspire – The River Project; Scholastic and the National Institute on Drug Abuse (NIDA) Resources; Varsity Brands – Believe in You Lessons; EverFi

Description: Lessons and activities focus on identifying signs of mental health disorders, increasing skills to promote positive mental health and resiliency, providing empathy, reducing stigma, understanding and accessing school, community, and national resources, substance use and abuse prevention, overcoming obstacles, and improving social and emotional skills.

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9: EverFi; Varsity Brands – Believe in You Lessons; Citrus County Character Education Lessons; Scholastic and the National Institute on Drug Abuse (NIDA) Resources; Teen Mental Health; Center for Disease Control and Prevention (CDC); National Alliance on Mental Illness (NAMI); Penn State Pro Wellness; Mayo Clinic

Description: Lessons and activities focus on identifying mental health disorders, increasing skills to promote positive mental health and resiliency, providing empathy, reducing stigma, understanding and accessing school, community, and national resources, substance use and abuse prevention, overcoming obstacles, and managing stress.

10: EverFi; Varsity Brands – Believe in You Lessons; Citrus County Character Education Lessons; Scholastic and the National Institute on Drug Abuse (NIDA) Resources; Teen Mental Health; Center for Disease Control and Prevention (CDC); National Alliance on Mental Illness (NAMI); Penn State Pro Wellness; Mayo Clinic

Description: Lessons and activities focus on identifying mental health disorders, increasing skills to promote positive mental health and resiliency, providing empathy, reducing stigma, understanding and accessing school, community, and national resources, substance use and abuse prevention, overcoming obstacles, and managing stress.

11: EverFi; Varsity Brands – Believe in You Lessons; Citrus County Character Education Lessons; Scholastic and the National Institute on Drug Abuse (NIDA) Resources; Teen Mental Health; Center for Disease Control and Prevention (CDC); National Alliance on Mental Illness (NAMI); Penn State Pro Wellness; Mayo Clinic

Description: Lessons and activities focus on identifying mental health disorders, increasing skills to promote positive mental health and resiliency, providing empathy, reducing stigma, understanding and accessing school, community, and national resources, substance use and abuse prevention, overcoming obstacles, and managing stress.

12: EverFi; Varsity Brands – Believe in You Lessons; Citrus County Character Education Resources; Scholastic and the National Institute on Drug Abuse (NIDA) Resources; Teen Mental Health; Center for Disease Control and Prevention (CDC); National Alliance on Mental Illness (NAMI); Penn State Pro Wellness; Mayo Clinic

Description: Lessons and activities focus on identifying mental health disorders, increasing skills to promote positive mental health and resiliency, providing empathy, reducing stigma, understanding and accessing school, community, and national resources, substance use and abuse prevention, overcoming obstacles, and managing stress.