

Welcome to Q & A at PA



Administrative Team

Danny Little - Principal

Sherri Brooks - Assistant Principal

Ryan O'Meara - Assistant Principal

Shana Remian - Assistant Principal

Jamie LaCava-Owen - Administrative Assistant

Helen Cox - IB Coordinator

Wayne Varney - Sp. Ed. Coordinator

Sheila Gorham, Student Services Director

Robert Robbins - Student Activities Coordinator

Sherry Caruana - School Improvement Specialist

Sandra Kofa - School Administrative Associate

Jeffrey Wroblewski - School Resource Officer

Building the PA Community



The Schedule

Virtual Schedule

Mondays	Times	Tuesday	Wednesday	Thursday	Friday
Students: Asynchronous Learning	8:30-9:45am	Block 1	Block 1	Block 1	Block 1
	9:55-11:10am	Block 2	Block 2	Block 2	Block 2
Teachers: Planning, Professional Learning, PLCs, Office Hours	11:15am-12:15pm	Break/SEL and Advisory			
	12:15- 1:30pm	Block 3	Block 3	Block 3	Block 3
	1:40- 2:55pm	Block 4	Block 4	Block 4	Block 4
Other: Office Hours, Club Meetings, etc.	3:05-3:50pm	Academic Support/Tutoring Options/Conferences/Club Meetings/Team Meetings			

Classes



Frequently Asked Questions



Topics

Testing

Drivers Ed / PE

Advanced Placement

Schedules

Technology


Textbooks

IB

Extracurricular

Please use the chat box for additional questions.

PA Athletics and Activities – Bob Robbins

 Virginia High School League FY 2021 Athletic/Academic Activity Calendar			
Season 1 – Winter Sports			
Activity	First Practice	First Contest	VHSL Finals
Basketball	12/07	12/21	02/20
Gymnastics	12/14	12/28	02/12-13
Indoor Track	12/14	12/28	02/13
Sideline Cheer	12/14	01/06	NA
Swim & Dive	12/14	12/28	02/13
Wrestling	12/14	12/28	02/18-20

Season 2 – Fall Sports			
Activity	First Practice	First Contest	VHSL Finals
Competition Cheer	02/04	03/01	04/17
Cross Country	02/15	03/01	04/23-24
Field Hockey	02/15	03/01	04/22-24
Football	02/04	02/22	05/01
Golf (Boys)	02/15	03/01	04/19
Golf (Girls)	02/15	03/01	04/26
Volleyball	02/15	03/01	04/23-24

Season 3 – Spring Sports			
Activity	First Practice	First Contest	VHSL Finals
Baseball	04/12	04/26	06/26
Lacrosse	04/12	04/26	06/26
Soccer	04/12	04/26	06/26
Softball	04/12	04/26	06/26
Tennis	04/12	04/21	06/11-13
Track & Field	04/12	04/26	06/18-19

Clubs and Honor Societies

- Encouraged to meet virtually until it is safe to meet F2F
- Yearbook Club: Plans are underway to produce a yearbook
- There is a committee of SCA students and principals investigating F2F club meetings and activities

Activity	First Level Deadline	VHSL Finals
Theatre (All Classes)	02/06	03/4-8
Scholastic Bowl	01/30	02/27
Forensics	02/20	03/27
Debate	03/27	04/23-24
Robotics	Submission Deadline 04/30	05/29
Film Festival	Submission Deadline 04/01	06/05
Creative Writing	Submission deadlines 03/15	
Publications Evaluation	Registration and Receipt of Broadcast, Magazines, Newsmagazines, and Newspapers 06/15 Registration and Receipt of Spring delivery Yearbooks: Registration and Book 06/15 Registration and Receipt of Fall Delivery Yearbooks: Registration 06/15; Book 09/30 Registration and Receipt of Online News 10/15	
Multi Media Contest	Submission deadline 06/15	

A stylized illustration on a light yellow background. It features several blue line-art faces in profile, some with eyes and mouths. In the center, there are several overlapping, teardrop-shaped areas in purple, green, and orange. The word "Communication" is written in a bold, black, sans-serif font across the center of these shapes. There are also small decorative elements like asterisks and squiggly lines in orange and green scattered around the central shapes.

Communication

Methods of Communication to Parents and Students

- Newsletter communicating information to parents and students
 - <https://www.smore.com/vhsgr>
- [School webpage](#) - AlertNow - [Parent Communications](#)
- Schoology Messages to students
- Email and phone calls
- Conferences
- Zoom/Virtual Meetings
 - PTSA President - [Kim Henson](#) - [PTSA Store](#) / [Website](#)
 - [Facebook](#) or 757-816-2686
 - School Planning Council

We Have Missed You!

IT'S A GREAT YEAR TO BE A CAVALIER!

