

SOUTH WASHINGTON COUNTY SCHOOLS

EARLY CHILDHOOD FAMILY EDUCATION

FALL, 2021 CLASS OFFERINGS & INFORMATION

COTTAGE GROVE | NEWPORT | ST. PAUL PARK | WOODBURY | AFTON | DENMARK TOWNSHIP | GREY CLOUD ISLAND
FOR FAMILIES WITH CHILDREN BIRTH TO KINDERGARTEN

Classes begin the week of September 7th

ECFE CLASS REGISTRATION LINK

Early Bird registration is June 4-11. Random, computer generated class placement will begin Monday, June 14. After this date, classes will be filled on a first come, first served basis.

To register, go to <https://sowashco.ce.eleyo.com/> or click the course number of the class in this document that you're interested in. If you are in need of enrollment assistance or have questions, please call our Early Learning Office at 651-425-2701.

WHAT CAN I EXPECT WHEN ENROLLING IN AN ECFE CLASS?

While some of our classes focus on a non-separating parent child experience, a typical ECFE class has 3 components:

Parent/Child Interaction

During this time, parents and children will participate together in fun activities that support foundational learning, planned by a licensed early childhood teacher.

Parent Discussion Time

Parent discussion provides an opportunity to connect with other parents in a supportive environment. You will discuss and gain relevant information on topics related to supporting children's growth and development as well as group generated topics. A licensed parent educator facilitates the parent discussion component.

Early Childhood Education

As parents participate in parent discussion, children are participating in age appropriate learning activities planned by a licensed early childhood teacher. The activities that your child will participate are intentionally planned to support social/emotional, language and literacy, creativity, cognitive, physical and motor development.

Please note: ECFE is provided with State funding for the purpose of family education and parent involvement. As a result, we are guided by state statute and require a parent or "relative" or "relatives" meaning non-custodial grandparents or other persons related to a child by blood, marriage, adoption, or foster placement to attend with the child. If you are interested in programming that allows for sending your child with a person that does not fit the definition above, please consider our Community Education Preschool enrichment classes.

ECFE SITE LOCATIONS

PLEASE NOTE: NEW SITE LOCATION – ECFE OFFICES AND PROGRAMMING ARE MOVING FROM OUR FORMER CENTRAL PARK LOCATION TO LIBERTY RIDGE SITE 2 EARLY CHILDHOOD CENTER BEGINNING FALL SEMESTER, 2021. YOU WILL SEE THE SITE LOCATION INDICATED ON THE SCHEDULE AS LR2 EC CENTER. ECFE CLASSES WILL NOW BE HELD AT LIBERTY RIDGE SITE 2 AND THE DISTRICT PROGRAM CENTER.

**Liberty Ridge Site 2
11283 Eagle View Blvd, Suite 102
Woodbury, MN 55129-5359**

**District Program Center
8400 E Pt. Douglas Road S.
Cottage Grove, MN. 55016-3324**

ECFE REGISTRATION INFORMATION

While creating your registration request, you will be able to indicate your class preference as well as make an alternative class selection. Payment information will be required during registration; however your payment will not be processed until your registration request is approved. ECFE is a partially State funded program and as a result the district is able to offer universal access based on a sliding fee scale. All families will have access to the program, and no one is turned away for the inability to pay. Fee scales are located at the end of this document. If you have questions regarding the fee scale, please call our ECFE office at 651-425-2701.

CONFIRMATIONS

Registration will be confirmed through email once all required information is complete. Please ensure that you have an updated email address within your registration to ensure updated ECFE communications. If you register during the initial registration period of June 4 through June 11, you will be notified by email or phone if we are not able to accommodate any of your choices.

CLASS CANCELLATION

If you decide to cancel a class without a replacement class, the following refund policy will apply: If you cancel a class before the start date, a processing fee will be deducted from your refund: Class Cost \$5-\$112 = \$5 processing fee, Class Cost \$113-\$240 = \$10 processing fee. Cancellation for the Friends class will follow the \$10 processing fee.

If you cancel after classes begin a pro-rated refund will be given up to 4 weeks of class. No refunds will be given after the 4th week of classes.

Classes and sibling care with insufficient may be canceled prior to the class start date. If this occurs, you would be notified and a full refund would be provided.

No refunds or class make-ups will be made when classes are canceled due to emergency school cancellations.

CLASS AGE RANGES

When reviewing the class offerings, you will find specified ages for each class. The age range pertains to the first day the class begins. For example, a child enrolling in a toddler class with the age range of 12-24 months must be no younger than 12 months and no older than 24 months on the first day of class. The only exception is the ECFE Friends preschool class in which the age range applies to September 1.

SIBLING CARE

Sibling care is a registration fee-based option and is offered for siblings who are kindergarten age and younger. Registration in sibling care is required for siblings of children attending an age specific class and do not meet the age range listed. Children that are 8 weeks or older must be registered for sibling care. Infants up to 8 weeks may remain with parents in the classroom. Please note: if you are planning to attend an ECFE class with a child that is a sibling and will turn 8 weeks within the class session, please register for sibling care to ensure appropriate staffing. The program is not able to serve drop-in sibling care needs.

IMMUNIZATION RECORDS & BIRTH CERTIFICATE

As a result of Minnesota state law, a current copy of your child's immunization record is required to be submitted to the ECFE office to complete your child's enrollment. In addition, a copy of your child's birth certificate is required for district enrollment purposes.

ECFE CLASS OFFERINGS

INFANTS

New Parent Connection (Virtual and On-Site Classes - Free)

If you are a new parent and in our school community, register and join us! This popular class is facilitated by an ECFE Certified Infant Specialist/Licensed Parent Educator. In this class, you will be able to connect with other new parents, ask questions and share ideas related to adjusting to a new baby, feeding, sleeping and more. Upon registration, if you are registering for a virtual class, our infant specialist will contact you with connection information. **Registration is required for this free class opportunity.**

AGE	DAY	TIME	LOCATION	START DATE	WEEKS	COURSE
B-3 mo	T	11:30-12:30 pm	Virtual	On-going	On-going	NPC003-2
3-9 mo	T	4:15-5:15 pm	Virtual	On-going	On-going	NPC412-2

Babies, Babies, Babies!

This full semester infant class will be on-site. This popular class is facilitated by an ECFE Certified Infant Specialist/Licensed Parent Educator. In this class, you will be able to connect with other new parents, ask questions and share ideas related to adjusting to a new baby, feeding, sleeping and more. Share the joy of experiencing milestones as your babies grow together throughout the semester.

AGE	DAY	TIME	LOCATION	START DATE	WEEKS	COURSE
2-9 mo	Th	10:30 -11:45 am	LR2 EC Ctr	9/9/21	15	LR003-4

Babies, Books & Music

Explore the fun and value of books and music with your baby. Research has shown that early exposure to books, language and music builds a strong foundation for language development, reading and math. Please note that each class will cover materials from the same 7/8-week curriculum.

AGE	DAY	TIME	LOCATION	START DATE	WEEKS	COURSE
3-12 mo	Th	6:00-7:15 PM	DPC	Session 1 9/9/21	7	DP001-4E
				Session 2 11/4/21	8	DP002-4E

Baby Shower

The ECFE program will be hosting two baby showers to welcome families with new babies. During the baby shower, families will be introduced to the format of an ECFE class along with other helpful resources.

DAY	TIME	LOCATION	START DATE	WEEKS	COURSE
F	12:00-1:00 pm	LR2 EC Ctr	09/10/21	1	LR004-5
F	12:00-1:00 pm	LR2 EC Ctr	01/21/22	1	LR005-5

TODDLERS/TWOS

Toddlers and young twos are on the move and gaining independence as they explore the world around them. Licensed Early Childhood teachers will provide age-specific and fun learning activities just for toddlers/twos. In these classes, licensed parent educators provide a discussion time which includes sharing information about. Temperament, gaining cooperation, toilet learning, and other group generated topics related to this stage of development.

AGE	DAY	TIME	LOCATION	START DATE	WEEKS	COURSE
12-24 mo	M	8:30-10:00 am	LR2 EC Ctr	09/13/21	15	LR104-1
9-18 mo	T	10:00-11:30 am	LR2 EC Ctr	09/07/21	16	LR109-2
12-24 mo	W	8:30-10:00 am	LR2 EC Ctr	09/08/21	16	LR105-3
12-24 mo	Th	8:30-10:00 am	LR2 EC Ctr	09/09/21	15	LR106-4
12-24 mo	F	9:00-10:30 am	LR2 EC Ctr	09/10/21	15	LR107-5
12-24 mo	W	8:30-10:00 am	DPC	09/08/21	16	DP101-3
16-30 mo	Th	6:00-7:30 pm	LR2 EC Ctr	09/09/21	15	LR108-4E
12-24 mo	T	6:00-7:30 pm	DPC	09/07/21	16	DP102-2E
24-36 mo	M	9:30-11:30 am	LR2 EC Ctr	09/13/21	15	LR202-1
24-36 mo	T	8:30-10:00 am	LR2 EC Ctr	09/07/21	16	LR203-2
24-36 mo	W	8:45-10:45 am	LR2 EC Ctr	09/08/21	16	LR204-3
24-36 mo	Th	8:30-10:00 am	LR2 EC Ctr	09/09/21	15	LR205-4
24-36 mo	F	9:00-11:00 am	LR2 EC Ctr	09/10/21	15	LR206-5
24-36 mo	M	8:30-10:00 am	DPC	09/13/21	15	DP201-1

MULTI-AGE & SPECIAL TOPIC CLASSES

Birth to Five

Multi-age classes bring children between the ages of birth to age 5 together to learn and play. This class also provides the opportunity for siblings to attend the same class together. A range of parenting topics and activities especially designed for all levels of learning can be expected.

AGE	DAY	TIME	LOCATION	START DATE	WEEKS	COURSE
Birth-5yr	M	10:30-12:30 pm	LR2 EC Ctr	09/13/21	15	LR505-1
Birth-5yr	T	10:30-12:00 pm	LR2 EC Ctr	09/07/21	16	LR503-2
Birth-5yr	W	10:30-12:00 pm	LR2 EC Ctr	09/08/21	16	LR506-3
Birth-5yr	F	11:00-12:30 pm	LR2 EC Ctr	09/10/21	15	LR507-5
Birth-5yr	M	10:30-12:00 pm	DPC	09/13/21	15	DP501-1
Birth-5yr	W	6:00-7:30 pm	LR2 EC Ctr	09/08/21	16	LR504-3E

Sensory Play for Everyday

In this multi-age class non-separating parent/child activity class, children will experience a variety of sensory play experiences and parents will gain fun ideas for at home activities.

AGE	DAY	TIME	LOCATION	START DATE	WEEKS	COURSE
2-5 yrs	T	9:00-10:00 am	LR2 EC Ctr	09/07/21	16	LR702-2

ECFE 2.0 – For Veteran ECFE Parents

If you are a veteran ECFE parent, this class is for you! Discussions are centered on information that goes beyond the traditional.

AGE	DAY	TIME	LOCATION	START DATE	WEEKS	COURSE
Birth-5yr	Th	10:00-12:00 pm	LR2 EC Ctr	09/09/21	15	LR502-4

Messy Art

Dress for mess and artistic success! Young children are free to smear, squeeze, splatter and otherwise explore artistic possibilities in our sensory tables, writing tables and giant paper painting fun. Storybook sharing inspires new ideas and creativity as children work with a variety of materials. Parenting topics will include the importance of art as well as everyday parenting situations.

AGE	DAY	TIME	LOCATION	START DATE	WEEKS	COURSE
2-5 yrs	F	9:00-11:00 am	LR2 EC Ctr	09/10/21	15	LR703-5
2-5 yrs	M	6:00-7:30 pm	LR2 EC Ctr	09/13/21	15	LR704-1E

Music & Movement

Movement is crucial to young children's development. This class provides a time for parents to participate in movement activities with their children, learning about the connection of movement to young children's foundational learning. Parents will also gain fun ideas for supporting children's active learning and physical health.

AGE	DAY	TIME	LOCATION	START DATE	WEEKS	COURSE
12-30 mo	T	10:30-12:00 pm	LR2 EC Ctr	09/07/21	16	LR706-2
30 mo-5 yrs	M	3:00 – 4:30 pm	LR2 EC Ctr	09/13/21	15	LR709-1

Language, Literacy and Learning

During the first years of life, children undergo major developmental changes across a range of domains. Parents play a critical role in a child's language and literacy development. Join this class to learn fun everyday ways to encourage language and literacy development at home.

AGE	DAY	TIME	LOCATION	START DATE	WEEKS	COURSE
2-5 yrs	Th	10:30-12:00 pm	LR2 EC Ctr	09/09/21	15	LR707-4
3-5 yrs	W	6:00-7:30 pm	LR2 EC Ctr	09/08/21	16	LR712-3E

Just for 3s and 4s – Fun with Books

In this non-separating parent/child activity class will explore books from some of the favorite children's authors with fun activities for you to experience with your child related to our stories that will spark your child's imagination.

AGE	DAY	TIME	LOCATION	START DATE	WEEKS	COURSE
3-4 yrs	F	11:30-12:45 pm	LR2 EC Ctr	9/10/21	15	LR708-5

Just Grandma/Grandpa and Me

This class provides a great opportunity for grandparents to interact with their grandchildren in a fun learning environment. Grandparents will also gain ideas for take-home play and meet other grandparents in the community.

AGE	DAY	TIME	LOCATION	START DATE	WEEKS	COURSE
Birth-5yrs	T	8:15-9:30 am	LR2 EC Ctr	09/07/21	16	LR711-2



New Siblings Class

Your child now has a new sibling! Join other families who have experienced the joy and challenges of adding a new family member. Learning activities will be provided for children of all ages and parents will have time to meet with other parents who have welcomed new family members.

AGE	DAY	TIME	LOCATION	START DATE	WEEKS	COURSE
Birth-5yrs	F	9:30-11:30 am	DPC	09/10/21	15	DP701-5



Parenting Across Cultures

In this class, children will have the opportunity to socialize and make friends with others from a variety of cultural backgrounds. During the shared-learning parent discussion, the group will share parenting practices and experiences from their own culture and discuss how culture influences our parenting and our families.

AGE	DAY	TIME	LOCATION	START DATE	WEEKS	COURSE
Birth-8yrs	W	6:00-7:30 pm	LR2 EC Ctr	09/08/21	16	LR705-3E

STEM for Preschoolers

Our STEM (Science, Technology, Engineering and Math) class will provide fun hands-on activities that foster children's sense of curiosity about the natural world around them. Parent discussion will involve guidance and support for children's exploration and wonder of the world around them and identify opportunities for children to acquire life-long skills for learning.

AGE	DAY	TIME	LOCATION	START DATE	WEEKS	COURSE
3-5 yrs	M	6:00-7:30 pm	LR2 EC Ctr	09/13/21	15	LR710-1E

Drop In Play Sessions

Drop in play sessions provide the opportunity for you and your child(ren) to pop in for some parent/child ECFE fun. Most Sessions are weekly and run from September through May based on the ECFE program calendar. Registration is **not** required and sessions are **free**.

AGE	DAY	TIME	LOCATION	START DATE	END DATE
Birth-5yrs	M	11:30-12:45 pm	LR2 EC Ctr	09/13/21	05/23/22
Birth-5yrs	W	9:15-10:30 am	LR2 EC Ctr	09/08/21	01/12/22
Birth-5 yrs	W	11:00-12:15 pm	DPC	09/08/21	01/12/22 – 1 st Semester Only
Birth-5 yrs	W	11:15-12:15 pm	LR2 EC Ctr	09/08/21	05/25/22
Birth-5yrs	W	11:30-12:45 pm	LR2 EC Ctr	09/08/21	05/25/22
Birth-5 yrs	F	11:30-12:45 pm	LR2 EC Ctr	09/10/21	05/27/22

Drop In Play and ECFE classes will not occur on the following dates:

October 21-22, 25
November 2, 24-26
December 20-31
January 17-21

February 18-22
March 7-14
April 15, 2

ECFE Friends

Facilitated by a licensed Early Childhood teacher and licensed Parent and Family Educator, this class is a supportive transitional experience for preschool. The first semester provides a parent/child once per week class first semester with a child only day added second semester when it becomes a twice per week experience. On parent/child days, parents will participate in a parent/child activity time as well as separating for a parent discussion.

AGE	DAY	TIME	LOCATION	START DATE	WEEKS	COURSE
31-36 mos	M – P/C	9:00-11:00 am	LR2 EC Ctr	M – P/C begins 09/13/21	15	LR208-1
	W – Child only added 2 nd semester			W – Child only begins 01/26/22	17	
31-36 mos	T – P/C	9:30-11:30 am	DPC	T – P/C begins 09/07/21	16	DP207-2
	Th – Child only added 2 nd semester			Th – Child only begins 01/27/22	17	

Young Parents – Parents up to age 24 (Free)

Join us for dinner and discussion with other young parents in our community. This class will also provide parent/child learning activities, early childhood education for your child and support as well as resource connection.

AGE	DAY	TIME	LOCATION	START DATE	WEEKS	COURSE
Birth-5yrs	Th	5:30-7:30 pm	DPC	09/09/21	2x/Month	DP508-4E



Courageous Parents. Resilient Kids Parent Series (Free)



Funding for this parenting series is provided by the Washington County WellSpring Project.

Join us for this five session series designed to inform and help parents support strong, healthy social and emotional development in their young children ages birth to 8. This series will address stressors that families may experience and are relevant to our times. Sign up for one or all of the series sessions. Sessions are for parents only and are free, but registration is required. When classes are indicated as virtual, participants will receive a class link one week prior to the session.

Brain & Body Connections: Understanding Your Child's Behavior

Facilitated by South Washington County Schools Early Childhood Family Education Program (ECFE)

Parents will learn about the power of observation and ways to respond with empathy and understanding as a way to create connection with children and minimize challenging behavior.

DAY	TIME	LOCATION	START DATE	WEEKS	COURSE
T	6:30-7:30 pm	Virtual	08/24/21	1 session only	WS1-2

Being Brave; Helping Our Children Manage Stress and Anxiety

Facilitated by Canvas Health

Parents will identify strategies to support their children as they learn to navigate child stressors such as separation, adjusting to new caregivers and peers and learning the structure and routines of the school setting. Parents will learn to recognize the signs of children's anxiety and recognizing when additional support may be needed.

DAY	TIME	LOCATION	START DATE	WEEKS	COURSE
T	6:30-7:30 pm	Virtual	09/28/21	1 session only	WS2-2

Race: Seeing the World through Our Children's Eyes

Facilitated by South Washington County Schools Early Childhood Family Education Program (ECFE)

Parents will learn to step into the view of a young child's world and learn strategies for responding to children's questions in a developmentally appropriate way.

DAY	TIME	LOCATION	START DATE	WEEKS	COURSE
T	6:30-7:30 pm	Virtual	10/26/21	1 session only	WS3-2

Strategies to Support Your Child's Mental Health and Well-Being

Facilitated by Canvas Health

During this session, parents will discuss strategies they can use to help children co-regulate as well as identify ways to build and strengthen their resilience.

DAY	TIME	LOCATION	START DATE	WEEKS	COURSE
T	6:30-7:30 pm	Virtual	11/16/21	1 session only	WS4-2

Self-Care - Fill Your Cup So You Can Fill Your Child's Cup

Facilitated jointly with Canvas Health & South Washington County Schools Early Childhood Family Education Program (ECFE)

During this session, we will discuss self-care and consider real things that all of us can do to take care of ourselves so that we can attend to our children's needs. Participants can attend virtually or on-site for this session. On-site location to be determined.

DAY	TIME	LOCATION	START DATE	WEEKS	COURSE
T	6:30-7:30 pm	Virtual	12/07/21	1 session only	WS5-2
T	6:30-7:30 pm	On-Site TBD	12/07/21	1 session only	WS5-2-OS

FEE SCALES

Class fees are per child and not per family. If you have questions regarding the fee scale, please call our ECFE office at 651-425-2701.

16 Weeks					8 Weeks		
Family Income	1 Hour Class	1.25 Hour Class	1.5 Hour Class	2 Hour Class	Site Cost	Family Income	1.25 Hour Class
\$200,00 +	\$128	\$160	\$192	\$256	\$112	\$200,00 +	\$80
\$100,000 – 199,999	\$112	\$140	\$168	\$224	\$96	\$100,000 – 199,999	\$70
\$75,000 – 99,999	\$96	\$120	\$144	\$192	\$80	\$75,000 – 99,999	\$60
\$60,000 – 74,999	\$80	\$100	\$120	\$160	\$64	\$60,000 – 74,999	\$50
\$45,000 – 59,999	\$64	\$80	\$96	\$128	\$48	\$45,000 – 59,999	\$40
\$30,000 – 44,999	\$48	\$60	\$72	\$96	\$32	\$30,000 – 44,999	\$30
\$29,999 & under	\$32	\$40	\$48	\$64	\$16	\$29,999 & under	\$20

15 Weeks					7 Weeks		
Family Income	1 Hour Class	1.25 Hour Class	1.5 Hour Class	2 Hour Class	Site Cost	Family Income	1.25 Hour Class
\$200,00 +	\$120	\$150	\$180	\$240	\$105	\$200,00 +	\$70
\$100,000 – 199,999	\$105	\$131	\$158	\$210	\$90	\$100,000 – 199,999	\$62
\$75,000 – 99,999	\$90	\$113	\$135	\$180	\$75	\$75,000 – 99,999	\$53
\$60,000 – 74,999	\$75	\$94	\$113	\$150	\$60	\$60,000 – 74,999	\$44
\$45,000 – 59,999	\$60	\$75	\$90	\$120	\$45	\$45,000 – 59,999	\$35
\$30,000 – 44,999	\$45	\$56	\$68	\$90	\$30	\$30,000 – 44,999	\$27
\$29,999 & under	\$30	\$38	\$45	\$60	\$15	\$29,999 & under	\$18

ECFE Friends		
Family Income	Monthly	Sibling Care/ Semester
\$200,00 +	\$73	\$112
\$100,000 – 199,999	\$56	\$95
\$75,000 – 99,999	\$39	\$78
\$60,000 – 74,999	\$33	\$61
\$45,000 – 59,999	\$27	\$44
\$30,000 – 44,999	\$22	\$27
\$29,999 & under	\$16	\$10