

SEPTEMBER 2021 STREATOR ELEMENTARY SCHOOL DIST.44

LUNCH



BUNS ARE NOW PRODUCED IN A PEANUT FREE PLANT. ROLLS ARE PRODUCED IN A PLANT WHICH HAS EGGS AND MILK PRODUCTS. PEANUT DAYS ARE --- 9/17



September is Whole Grains Month! Aim to make at least half your grains whole grains. Look for the words "100% whole grain" or "100% whole wheat" on the food label. Whole grains provide more nutrients, like fiber, than refined grains.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Labor Day

6

No school

*Chicken Patty

*W/G Bun * Mayo

*Green Beans

*Pears *Sugar Cookie

*Low Fat Milk

7

*Nacho Fiesta box

*Rice krispie treat

*Low Fat Milk

1

*Japanese Cherry Chicken

*Fortune cookie

*Broccoli

*Flavored applesauce

*Low Fat Milk

2

*Hot Ham & Cheese

*W/G Bun

*Corn

*Peaches

*Low Fat Milk

3

Labor Day

6

No school

*Chicken Patty

*W/G Bun * Mayo

*Green Beans

*Pears *Sugar Cookie

*Low Fat Milk

7

*Nacho Fiesta box

*Rice krispie treat

*Low Fat Milk

1

*Japanese Cherry Chicken

*Fortune cookie

*Broccoli

*Flavored applesauce

*Low Fat Milk

2

*Hot Ham & Cheese

*W/G Bun

*Corn

*Peaches

*Low Fat Milk

3

****Chef Salad****

Lettuce, Ham & Cheese

*Ranch

*Bosco Stick

*Mixed Berry Cup

*Low Fat Milk

8

*Creamed Chicken

*Mashed Potatoes

*Fruit Mix

*Roll W/Butter

*Low Fat Milk

9

*Taco Pizza

*Romaine lettuce

W/Ranch

*Apple Slices

*Low Fat Milk

10

*Spaghetti w/Meat sauce

*Chopped Romaine W/Ranch

*Strawberry Cup

*Garlic Bread *Low Fat Milk

13

*Confetti Pancakes

*Sausage Link

*Tator Tots w/Ketchup

*Orange Juice

*Low Fat Milk

14

*Italian wrap

*Raw Carrots w/Ranch

*Flavored Applesauce

*Fritos

*Low Fat Milk

15

*Cheeseburger Meatloaf

*Loaded Mashed

Potatoes

*Fruit Mix

*Roll W/Butter *Low Fat Milk

16

*Cheese & Sausage pizza

*Green Beans

*Mixed Berry Cup

*M & M Cookie

*Low Fat Milk

17

*Meatball Sub

*Mozzerella Cheese

*Raw Carrots W/Ranch

*Apple Slices W/Carmel

*Low Fat Milk

20

*Chicken Quesadilla

*Baked Beans

*Mixed Berry Cup

*Sugar Cookie

*Low Fat Milk

21

*Deli

*Raw Carrots w/Ranch

*Pear Cup

*Chips

*Low Fat Milk

22

*Chicken & Noodles

*Cooked Carrots

*Fruit Mix

*Roll W/Butter

*Low Fat Milk

23

*BoscOs W/Marinara

*Chopped Romaine

w/Ranch

*Applesauce Cup

*Low Fat Milk

24

*Spaghetti w/Meatsauce

*Garlic Bread

*Romaine lettuce W/Ranch

*Applesauce Cup

*Low Fat Milk

27

*Hot Dog W/G Bun

*Ketchup & Mustard

*Baked Beans

*Fruit Mix Cup

*Low Fat Milk

28

½ Day

School Improvement day

Breakfast will be served at all schools

29

*Pork Chop Pattie

*Loaded Mashed Potatoes

*Strawberry Cup

*Roll w/Butter

*Low fat Milk

30