



Kenyon-Wanamingo Elementary Lunch Menu

March
2020

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit and Vegetable Bar



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Nat'l Breakfast Week French Toast Sticks Sausage Patty Hot Ham & Cheese Flatbread Chef Salad Breakfast Potatoes	3 Chicken Waffle Sandwich Beef Hot Dog on a Bun Beef Taco Salad Cucumber Ranch Salad	4 Pancake on a Stick Crispy Chicken Nuggets Whole Grain Dinner Roll Southwest Chicken Salad Tator Tots	5 Breakfast Bake Yogurt Pak with Pretzel Bites Asian Chicken Salad Black Beans Cinnamon Roll	6 Ham, Egg & Cheese on Bagel Fish Nuggets French Bread Turkey BLT Wrap Tri Tater
9 Crispy Chicken Sub Cowboy BBQ Burger Buffalo Chicken Salad Seasoned Ranch Wedges	10 Lasagna Rollup with Sauce Garlic Toast BBQ Rib Sandwich with onions and pickle slice Chef Salad Garden Salad	11 Walking Taco Lettuce, Tomato and Cheese Chicken Waldorf Salad Ham Deli Sandwich Spicy Pinto Beans	12 Thyme & Pomegranate Sloppy Joe on a Bun Yogurt Pak with Bagel Chicken Caesar Salad Kettle Potato Chips Homemade Brownie	13 Cheese Pizza Turkey Deli Sandwich Chicken Caesar Wrap Broccoli Salad
16 Chicken Alfredo w/Pasta Garlic Toast Chef Salad Ham Deli Sandwich Kale Salad	17 St. Patrick's Day Shepherd's Pie Chicken & Gravy Mashed Potatoes Turkey Munchable Corn Whole Grain Dinner Roll Chocolate Chip Cookie	18 Ham & Tator Tot Breakfast Bake Pizza Munchable Turkey Deli Sub Sandwich Mixed Fruit	19 HOM Avocado Soft Beef Tacos Lettuce, Tomato and Cheese Crispy Chicken Salad Honey Mustard Ham Wrap Guacamole Churro	20 Fish Sandwich with Cheese Crispy Chicken Sandwich WG Chips, Salsa & Cheese Cubes Potato Oles
23 NO SCHOOL	24 Macaroni & Cheese Chef Salad Ham Deli Sub Sandwich Green Beans	25 Salisbury Steak Cold Cut Combo Sliders Beef Taco Salad Mashed Potatoes Gravy	26 Corn Dog All American Cheeseburger Yogurt Pak with Pretzel Bites Baked Beans	27 Toasted Cheese Sandwich Harvest Chicken Salad Turkey BLT Wrap Tomato Soup
30 Pancakes Syrup Sausage Patty Buffalo Chicken Salad Ham Deli Sub Sandwich Breakfast Potatoes	31 Roast Pork & Gravy Whole Grain Dinner Roll Pretzel Bites w/Cheese Cubes Chef Salad Warm Cinnamon Apples Mashed Potatoes			 <p>Choose MyPlate.gov</p>

INFORMATION	Regular	\$2.70
	Reduced	\$0.00
	Adult	\$4.05
	Extra Entree	\$1.85
	Extra Milk	\$0.60

EXTRA INFO

Milk choice of 1% White, Chocolate Skim, or Skim is included with lunch.
 Entree Salads are served with Dinner Roll.
 For questions or comments, contact Crystal Allers at 507-789-7024 or email callers@kw.k12.mn.us



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