

# SEPTEMBER 2021 Lunch Menu

Hudson Memorial School

Lunch: FREE for all students

Milk: 0.50

Please make checks payable to: Hudson School Lunch Program

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

Menu is subject to change without notice.

Please note, meals are **FREE** to all students for the entirety of the 2021 – 2022 school year!

WG Boneless Chicken Wings **1**  
Variety of Dipping Sauce  
WG Baked Soft Pretzel  
Celery and Carrot Sticks  
Pineapple Tidbits

Cheese Tortellini with Meat sauce and Texas Toast **2**  
Steamed Corn  
Colorful Peppers  
Orange Smiles

Whole Grain Cheese Pizza **3**  
Tossed Salad  
Cucumber Rounds  
Cinnamon Apples

Weekly Alternates: Turkey and Cheese Sandwich or Chef Salad with Dinner Roll

No School **6**

Chicken Teriyaki Bowl: Chicken teriyaki, steamed broccoli and corn, seasoned rice **7**  
Celery Sticks  
Diced Pears

Meatballs Subs with Shredded Cheese **8**  
Veggie Tray with Dip  
Sliced Peaches

Hamburger or Cheeseburger on WG Bun **9**  
Lettuce, Tomato, Onion  
Three Bean Salad  
Orange Smiles

Whole Grain Cheese Pizza **10**  
WG Pasta Salad  
Fresh Baby Carrots  
Cinnamon Apples

Weekly Alternates: Egg Salad Sandwich or Chicken Caesar Salad with Dinner Roll

WG Cheese Pizza Bagels **13**  
WG Pasta Salad  
Fresh Green Beans  
Mixed Fruit

WG French Toast Sticks **14**  
Chicken Sausage Patty  
Hash brown Patty  
Cucumber Rounds  
Petite Bananas

Popcorn Chicken Mashed Potato Bowl: Popcorn chicken, mashed potatoes, corn, gravy, cheese **15**  
Celery and Carrot Sticks  
Mandarin Oranges

Chicken Parmesan Sandwich **16**  
Baked Sweet Potato Fries  
Fresh Green Beans  
Orange Smiles

Whole Grain Cheese Pizza **17**  
Tossed Salad  
Cucumber Rounds  
Cinnamon Apples

Weekly Alternates: Ham and Cheese Sandwich or BLT Turkey Salad with Dinner Roll

Baked WG Mozzarella Sticks with marinara sauce **20**  
Steamed Vegetable Medley  
Celery Sticks, Sliced Peaches

Chicken Tender Snack Wrap **21**  
Lettuce, Tomato, Cheese, Salsa  
Baked Soft Pretzel  
Carrot Coins  
Mixed Fruit

WG Chicken Corndogs or Vegetarian Baked Beans **22**  
Oven Baked Fries  
Sliced Peaches

Chicken Broccoli Alfredo **23**  
Garlic Bread  
Steamed Broccoli  
Fresh Baby Carrots  
Pineapple tidbits

Whole Grain Cheese Pizza **24**  
WG Pasta Salad  
Cucumber Rounds  
Cinnamon Apples

Weekly Alternates: Tuna Fish Sandwich or Popcorn Chicken Salad with Dinner Roll

Macaroni and Cheese **27**  
WG Dinner Roll  
Steamed Broccoli  
Mixed Fruit

Chicken Nuggets **28**  
WG Seasoned Pasta  
Cucumber and Tomato Salad  
Fresh Green Beans  
Diced Pears

Ultimate Nachos: seasoned beef, cheese sauce, lettuce, tomatoes, salsa, brown rice **29**  
Steamed Corn, Bean Salsa  
Orange Smiles

Crispy Chicken Patty on WG Bun **30**  
Lettuce, tomato, pickles  
Corn and Edamame Salad  
Orange Smiles

Weekly Alternates: Sunbutter and Jelly Sandwich or Crispy Chicken and Broccoli Salad with Dinner Roll

Did you know you can pay online? Visit [www.k12paymentcenter.com](http://www.k12paymentcenter.com) for more information. **WG = whole grain**

Variety of milk served daily to the students. Water available for purchase.

This institution is an equal opportunity provider.

