


LSRHS

December 2021

 Vegetarian

 Gluten Free Option /
Availability to make GF

**Skip the Line! Order
ahead using the
Nurtislice App**



Daily Offerings

Sunbutter & Jelly 

Mexican Daily Feature

Hamburger

Cheeseburger

Chicken Tender / Nuggets

Spicy Chicken Patty

Chicken Patty

Veggie Burger 

Grab & Go Sandwiches

+ Salads 

Pizza 

Fresh & Cupped Fruit

Fresh Veggies

100% Fruit Juice

Milk: Skim Chocolate, 1%

Make payments & view
transactions at
myschoolbucks.com

Food & Nutrition Office:
978-443-9961 x3290



This institution is an equal opportunity provider.

		1	2	3
		Buffalo Chicken Tenders & Roll <i>Golden Corn Celery Sticks</i>	Turkey Gobbler Sandwich <i>Sweet Potatoes Baby Carrots</i>	Sausage, Pepper, Onion Pizza <i>Side Salad Cucumber Coins</i>
6	7	8	9	10
Crispy Chicken Drumstick & Roll <i>Mashed Potatoes Golden Corn</i>	Mozzarella, Tomato, Pesto Ciabatta 	Steak & Cheese Sub <i>Sweet Potatoes Baby Carrots</i>	Tikki Masala Bowl <i>Curried Cauliflower Broccoli</i>	Spicy Pepperoni Pizza <i>Side Salad Cucumber Coins</i>
13	14	15	16	17
Crispy Chicken LoMein Noodles <i>Broccoli Baby Carrots</i>	Chicken Stew <i>Chickpea Salad Pepper Strips</i>	Sausage & Red Beans <i>Sweet Potatoes Celery Sticks</i>	Italian Sub <i>Potatoes Baked Beans</i>	Macaroni & Cheese 
20	21	22	23	24
Chicken Pot Pie <i>Green Peas Golden Corn</i>	Beef Chili & Roll <i>Side Salad Carrots</i>	Pulled Pork Sub <i>Sweet Potatoes Cucumbers</i>	Hot Dog <i>Potatoes Baked Beans</i>	Winter Vacation
27	28	29	30	31
Winter Vacation	Winter Vacation	Winter Vacation	Winter Vacation	All Students Eat Free! *a la carte offerings & additional entrees are available at cost*