


LSRHS

November 2021

 Vegetarian

 Gluten Free Option /
Availability to make GF

**Skip the Line! Order
ahead using the
Nurtislice App**



Daily Offerings

Sunbutter & Jelly 

Mexican Daily Feature

Hamburger

Cheeseburger

Chicken Tender / Nuggets

Spicy Chicken Patty

Chicken Patty

Veggie Burger 

Grab & Go Sandwiches

+ Salads 

Pizza 

Fresh & Cupped Fruit

Fresh Veggies

100% Fruit Juice



Milk: Skim Chocolate, 1%

Make payments & view
transactions at
myschoolbucks.com

Food & Nutrition Office:
978-443-9961 x3290



This institution is an equal opportunity provider.

1	2	3	4	5
Chicken Drumsticks & Roll <i>Broccoli Mashed Potatoes</i>	Chicken Parmesan Sub <i>Red Peppers Green Beans</i>	BBQ Pulled Pork Sub <i>Sweet Potatoes Baby Carrots</i>	Bacon, Egg & Cheese Croissant <i>Potatoes Chickpea Salad</i>	Spicy Pepperoni Pizza <i>Side Salad Cucumber Tomato Salad</i>
8	9	10	11	12
Hot Dog <i>French Fries Baby Carrots</i>	Hearty Chicken Stew & Dinner Roll <i>Green Peppers Broccoli</i>	BBQ Chicken Sub <i>Chickpea Salad Celery Sticks</i>	Veterans Day	Pizza Sticks & Marinara  <i>Side Salad Red Peppers</i>
15	16	17	18	19
Honey Mustard Chicken Melt <i>Golden Corn Baby Carrots</i>	Beef Chili & Dinner Roll <i>Celery Sticks Red Peppers</i>	Meatball Sub <i>Sweet Potatoes Cucumber Coins</i>	Chicken Fried Rice <i>Broccoli Baked Beans</i>	Macaroni & Cheese  <i>Baby Carrots Side Salad</i>
22	23	24	25	26
Grilled Cheese & Chicken Noodle Soup <i>Side Salad Grape Tomatoes</i>	BBQ Bacon Cheeseburger <i>Potatoes Veggie Beans</i>	No Lunches Served	Happy Thanksgiving	No School
29	30			
No School	Cheese Ravioli <i>Green Beans Red Peppers</i>			All Students Eat Free! *a la carte offerings & additional entrees are available at cost*