

Shakamak November 2021 Menu

1	2	3	4	5
B: Cereal Bar, Cheese stick, Fruit/Juice, Milk	B: Waffles, Fruit/Juice, Milk	E-Learning Day (No Students)	B: Strawberry Bagel, Fruit, Juice, Milk	B: Blueberry Muffin, Fruit/Juice, Milk
L: Hamburger or Cheeseburger, French fries, Baked beans, Fruit, milk	L: French Toast, Sausage Links, Sweet Potato Fries, Fruit, Milk		Chicken Fajita, Cheese, Lettuce, Salsa, Refried beans, Fresh Carrots, Fruit, Milk	Pizza, Salad, Corn, Fruit, Milk
8	9	10	11	12
B: Poptart, Fruit/Juice, Milk L: Corn dogs, Baked beans, Potato Wedges, Fruit, Milk	B: PB & J Uncrustable, Fruit/Juice, Milk L: Turkey and Cheese Sandwich, Fresh Carrots, Broccoli & Cheese, Chips, Fruit, Milk	B: Cherry Frudel, Fruit/Juice, Milk L: Grilled Cheese Sandwich, Romaine Salad, Sweet Potato Fries, Fruit, Milk	B: Cinni Minni, Fruit/Juice, Milk L: Spaghetti & Meat Sauce, Romaine Salad, Green beans, Garlic Toast, Fruit, Milk	B: Yogurt, Scooby Snack, Fruit/Juice, Milk L: Fish Sandwich, Fresh Carrots, Baked Potato, Fruit, Milk
15	16	17	18	19
B: Rice Krispie Treat, Fruit/Juice, Milk L: Chicken Quesadilla, Queso Cheese, Green beans, Refried beans, Fruit, Milk	B: Cereal Bar, Cheese stick, Fruit/Juice, Milk L: Orange Chicken, Brown Rice, Glazed Carrots, Steamed Broccoli, Fruit, Milk	B: Apple Frudel, Fruit/Juice, Milk L: Taco, Cheese, Lettuce, Salsa, Refried beans, Glazed Carrots, Fruit, Milk	B: Cereal, Fruit/Juice, Milk L: Chili Soup, Peanut butter Sandwich, Fresh Carrots, Celery, Crackers, Fruit, Milk	B: Waffles, Fruit/Juice, Milk L: Hamburger or Cheese burger, French Fries, Baked beans, Fruit, Milk
22	23	24	25	26
B: Cereal, Fruit/Juice, Milk L: Ground Beef & Cheese, Chips, Potato Wedges, Fresh Carrots, Brownie, Fruit, Milk	B: Muffin, Fruit/Juice, Milk L: Turkey Manhatten, Potatoes, Gravy, Green beans, Hotroll, Fruit, Milk	No School - Thanksgiving Break		
29	30			
B: Cereal Bar, Cheese Stick, Fruit/Juice, Milk L: Pizza Corn, Fresh Carrots, Fruit, Milk	B: Cinni Minni, Fruit/Juice, Milk L: Chicken Nuggets, Potatoes, Gravy, Green beans, Fruit, Milk			